

**Managing current weight: lose, maintain or do neither? - {Calculated Variable}\*  
Kentucky BRFSS 2001**

Demographic Groups	Total Respond.#	Trying to lose weight			Maintain weight			Neither		
		N	%	C.I.(95%)	N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	7306	2738	37.5	(35.9-39.1)	1718	24.0	(22.6-25.4)	2850	38.6	(36.9-40.2)
GENDER										
Male	2822	817	29.0	(26.7-31.3)	713	26.4	(24.1-28.8)	1292	44.7	(42.0-47.3)
Female	4484	1921	45.2	(43.1-47.3)	1005	21.8	(20.1-23.5)	1558	33.0	(31.1-35.1)
RACE										
White/NH	6672	2522	38.3	(36.6-40.0)	1562	23.8	(22.3-25.3)	2588	37.9	(36.2-39.7)
African American/NH	353	131	34.3	(27.9-41.3)	78	23.6	(18.0-30.4)	144	42.1	(35.0-49.5)
AGE										
18-24	553	187	30.5	(25.5-36.0)	131	24.3	(19.8-29.6)	235	45.2	(39.4-51.1)
25-34	1213	505	38.8	(34.9-42.7)	291	26.1	(22.6-30.0)	417	35.2	(31.3-39.2)
35-44	1444	618	42.0	(38.5-45.6)	326	22.0	(19.2-25.1)	500	36.0	(32.5-39.7)
45-54	1407	640	46.2	(42.5-49.9)	310	21.9	(19.1-25.1)	457	31.9	(28.5-35.5)
55-64	1116	425	40.9	(36.7-45.3)	274	24.2	(20.8-28.0)	417	34.8	(31.0-38.9)
65+	1545	352	24.7	(21.8-27.9)	377	25.1	(22.2-28.3)	816	50.1	(46.5-53.7)
EDUCATION										
Less Than H.S.	1678	496	30.1	(27.2-33.3)	332	18.7	(16.3-21.5)	850	51.1	(47.8-54.5)
H.S. or G.E.D.	2758	994	35.3	(32.8-38.0)	669	23.9	(21.7-26.1)	1095	40.8	(38.1-43.6)
Some Post-H.S.	1648	696	41.0	(37.5-44.6)	376	23.8	(20.8-27.0)	576	35.2	(31.8-38.8)
College Graduate	1211	550	44.7	(40.8-48.6)	336	29.4	(25.8-33.3)	325	25.9	(22.6-29.5)
HOUSEHOLD INCOME										
Less than \$15,000	1056	395	36.9	(32.6-41.4)	228	22.3	(18.9-26.0)	433	40.8	(36.4-45.5)
\$15,000- 24,999	1224	440	36.5	(32.8-40.4)	285	24.6	(21.0-28.7)	499	38.9	(35.1-42.8)
\$25,000- 34,999	832	335	40.3	(35.8-45.0)	214	23.5	(19.8-27.6)	283	36.2	(31.7-41.0)
\$35,000- 49,999	899	364	37.3	(33.1-41.6)	247	28.7	(24.8-32.9)	288	34.1	(29.6-38.8)
\$50,000+	1242	576	45.1	(41.3-49.0)	339	27.8	(24.5-31.4)	327	27.1	(23.7-30.8)

\*Data in this table were derived from two weight control questions regarding losing or maintaining current

weight.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic,  
%

= Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.